

PUBLIC HEALTH NUTRITION COURSE- SUGGESTED CREDITS

Module 1: Public Health Nutrition with a Life Cycl...2.5

- The Global Nutrition Narrative 0.5
- Causes and Consequences of Undernutrition and Over..0.25.
- Maternal Nutrition and Its Impact on Pregnancy Out...0.25
- Infant and Young Child Feeding 0.25
- Nutrition in School-Age Children and Adolescents 0.25
- Nutrition and Epigenetics 0.5
- Assessment of Nutritional Status and Dietary Intake 0.5
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Module 2: Nutrition and its Social Determinants 1.0

- Inequity in Nutrition: Gender and Poverty 0.25
- Factors Influencing Dietary Patterns 0.25
- Food Security 0.5

Module 3: Micronutrient Deficiencies and their Glo...2.0

- Micronutrient Deficiencies: Iron 0.25
- Micronutrient Deficiencies: Vitamin A 0.25
- Micronutrient Deficiencies: Iodine 0.25
- Micronutrient Deficiencies: Zinc 0.25
- Micronutrient Deficiencies: Vitamin D 0.5
- Micronutrient Deficiencies: Vitamin B12 and Folic 0.5...

Module 4: Nutrition in Communicable & Non-Comm...2.0

- Nutrition and Infectious Diseases 0.5
- Emerging Trends of Non-Communicable Diseases: Burd ... 0.25
- The Role of Nutrition and Physical Activity in Add... 0.25
- Cancers and the Link to Nutrition 0.5
- Global Action and Public Policy on Nutrition to Co... 0.5

Module 5: Nutritional Interventions – Programs &am...1.5

- Nutrition-Specific and Nutrition-Sensitive Interve... 0.5
- The Impact of Food Fortification and Biofortificat... 0.25
- The Impact of Dietary Diversification on Nutrition 0.5
- The Role of Social Safety Nets in Nutrition 0.25

Module 6: Research Methods & Tools for Public ...2.0

- Design and Implementation of a Nutritional Survey 0.5
- Nutrition Needs Assessment and Intervention Implem... 0.5
- Global Stakeholders and Initiatives in Nutrition 0.5
- The Future of Public Health Nutrition 0.5

Module 7: Public Health Nutrition Tutorial 1.0

- Anthropometric Assessment 0.5
- Public Health Nutrition Assessment and Planning 0.5
- Course Certificate

