

SUGGESTIONS FOR PREPARING INTRODUCTORY PROFILE FOR PNDS ELECTION NOMINEES

Please note providing all the suggested information is not essential

Name: Saima Rasheed

Current job title: Consultant Dietitian

Institution: National Medical Centre

Nutrition related Expertise

	year completed	duration of study	Details that may be relevant to PNDS
Qualifications: M.Sc	1999	16 years	
Professional training (courses): RD	2010		
CPD activities			

Contributions to the field of nutrition through any of the following activities:

	Summary of contribution	Year and duration of involvement
Research	2	1998 and 2015
Teaching	Lectures on NCD's	
Community nutrition projects		
Community nutrition education (face to face or through electronic or print media)	Yes	
Dietary counseling	Yes	
Nutrition care of critically ill patients	Yes	
Food service management	No	
Quality control of dietary or nutritional products	Yes	
Food/Nutrition related Policy making	No	
Food/Nutrition related legislation	No	

Potential for contributing to PNDS:

Vision for further development of PNDS	Yes
Plans for making Contributions to PNDS:	Yes
Length of association with PNDS	10 years
Previous Participation in PNDS activities	Former Vice President of PNDS and Former EC member.
Time available to work for PNDS during normal working hours (9-5, Mon-Fri.):	5 hours per week
Time available to attend PNDS meetings	Yes
Ease in commuting for EC meetings	Yes
Time available to work for PNDS during non working hours:	No
Ability to communicate through email:	Yes
Ability to communicate through Skype	No
Ability to communicate through SMS	Yes

