****

**PNDS Registered Dietitian/Nutritionist Credit Hour Tracking Form**

* List down the activities you attended or conducted in above columns for which you have proofs of participation.
* Compile proofs of the attendance in the same order you have entered in this file.
* One combined PDF file for PNDS ACTIVITIES & One Combined PDF file for non-pnds related activities that you have to upload online on pnds website RDN Renewal section.
* You may have to provide program details, ppt. publication or other details for the Non-pnds nutrition related activities for the assessment for allotting credit hours.
* You do not need to mention credit hours in this sheet of which you are not aware of.

**PNDS Events/Activities Attended by You**

|  |  |  |  |
| --- | --- | --- | --- |
| Date | CNE | Allotted Credits | Venue |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**PNDS Events/Activities Conducted by You**

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **CNE/Workshop** | **Allotted Credits** | **Venue** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Workshop/Seminar/Article for Newsletter** | **Allotted Credits** | **Venue** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Public Awareness Program** | **Allotted Credits** | **Venue** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Non- PNDS Events/Activities**

|  |  |  |  |
| --- | --- | --- | --- |
| Attended by You/Conducted by you | | | |
| Date | Event Title | Nature of event | Allotted credits |
|  |  |  |  |
|  |  |  |  |

**Cumulative Credit Record (to be done by the office)**

|  |  |
| --- | --- |
| Activities | Total credits |
|  |  |
|  |  |
| Grand total |  |
| Required credits |  |
| Credits earned |  |
| Result |  |
| Present status |  |