



**Pakistan Nutrition & Dietetic Society**  
**17<sup>th</sup> Annual General Body Minutes 2020**  
**Saturday 7<sup>th</sup> November, 2020**  
**12:00-05:00pm**

**Motia Hall, Movenpick Hotel , Karachi**

**EC Members Present:** Romaina Iqbal (RI) RabiaAnwer(RA), FayzaKhan(FK), Mozamila Saeed (MS)  
 Shabnam Razi (SR) ,Sabeen Siddiqui(SS)

**PNDS members present physically-63 ,rest were present online**

MINUTES OF 17 <sup>TH</sup> ANNUAL GENERAL BODY MEETING	
1.	12-1:30pm Program started with Tilawat-e-Quran Scientific Presentation on Immuno-nutrition by Moti Khan Welcome address by Fayza Khan – President
2.	<b>Annual report by Mozamila Saeed –General Sect.</b> PNDS activities in detail from June2019– June 2020. <ul style="list-style-type: none"> <li>• Updates on:               <ul style="list-style-type: none"> <li>• CNEs</li> <li>• Newsletter</li> <li>• Memberships</li> <li>• Registration Dietitian Exam</li> </ul> </li> </ul>
3.	<b>Financial report by Sabeen Siddiqui- Treasurer,PNDS</b>  Membership fee received-800,453, RDN exams 242500, NCD conference workshops 1,114,500, sponsors – 2,020,000, Pen membership-44300, TDR profit 2019- 69520, Sponsors and other educational material endorsements- 350,000 –total- <b>4,641,273</b>  Mutual funds – Investments (2016)- 2,500,000 Investments (2017)- 500,000 Total Amount Invested- 3,000,000 Opening Balance -1 <sup>st</sup> July 2019- 1,114,530/= Closing Balance -20 <sup>th</sup> July 2020 2187344/=(BANK) 4,736/=(cash in hand) Total:2192080
4.	<b>Bylaws Amendments /Additions Approval– Rabia Anwar- Vice President</b> By-laws with amendments & additional clauses were circulated online few weeks prior to AGBM among all PNDS members. Consolidated data was shared with all members present 35 additional clauses and 5 amendments in the existing bylaws were approved, suggestions and comments sent by

	members were also shared with the participants of meeting.
5.	1:30- 3:00pm Lunch and prayer break
6.	<p>3:00pm</p> <p><b>Panel Discussion on Promotion of Good Nutrition and Health by Media Professional in Pakistan</b></p> <p><b>Panelist</b>  Ajnabi (FM107), Naheed Ansari (cooking expert), Asad Memon (Food Fusion), Yasmeen Taha ( Health Journalist) , Rehan Allahwala’s team member (social Media), Sana Hashmi (Anchorperson current affairs)</p> <p><b>Moderator</b>  Dr Romaina Iqbal</p> <p>A very interactive discussion took place on the role of media in increasing awareness in general public, important take home message was that nutritional professional s should be involved in all channels/categories of media as an authentic source of information on nutrition rather than people from other professions as per current practice, various areas were identified where collaboration can be done with PNDs.</p> <p>Ceremony closed with vote of thanks and souvenir distribution to all Panelists by Fayza Khan</p> <p>Minutes Recorder – Mozamila Saeed</p>